## St. Dominic Village - Independent Living JULY 2025

			JULI 2023			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Residency Service Control of the Con	10:00 Do You Know? w/Tameka- AR  10:45 Tai Chi Class- AR  2:00 Lifestyle Chat- CB  3:00 Happy Hour- CB	Bank Runs- Sign up in binder!  9:00 Dollar store shopping  10:00 Zumba class- AR  11:00 Uplifting Song sing-a-long- CA  2:00 Fun Mobility Team Games- CA  3:00 Town Hall Meeting- CB	10:00 Rise & Shine Exercise- AR  10:30 Throwback Thursday- AR  2:00 Finish the Lyrics Game- CB  2:30 Stars & Stripes Happy Hour!- CB	4th of July- Staff Holiday  2:00 Special Movie: "A More Perfect Union"- CA (Prime)	5
6	10:00 Seated Yoga Class- AR  1:30 Canasta- CB  1:30 Choir Practice- WC  2:30 Chocolate Lover's Social- CB  3:30 "I Love Lucy"- Chocolate Factory episode- CB (P)	10:00 Prayer & Encouragement Circle- AR  10:30 Craft Class: Summer Tray- AR  1:30 Famous Faces & Places Bingo- CB  3:00 Happy Hour- CB	Bank Runs- Sign up in binder!  10:00 Thrift Store shopping  10:30 New Resident Orientation- CB  1:30 Group Whiteboard Games- CB  2:15 Singo Bingo!- CB	10:00 Rise & Shine Exercise- AR  10:30 You be the Judge- AR  1:45 Name that Tune- CB  2:30 Happy Hour- CB	*NO BUS SERVICE for appointments*  9:00 Target Shopping  10:15 Tell Your Story- CR  1:30 Bingo! -CB  2:45 Special Movie Showing- "Fried Green Tomatoes"- CA (P)	1:00 Baylor Music performance- CA
13	10:00 Seated Yoga Class- AR  1:30 Canasta- CB  1:30 Choir Practice- WC  2:45 Musical Monday: "Blue Hawaii"- CA (P)	Wear Hawaiian attire!  10:00 Do You Know? w/Tameka- AR  10:45 NEW DAY- Tai Chi Class- AR  2:00 Fun Brain Games- CB  3:00 Tropical Happy Hour w/Pina Coladas & Live music- CB	Bank Runs- Sign up in binder!  10:00 Zumba Class- AR  10:30 Free Wellness Clinic-Get Vitals checked!- CB  11:00 Silver Palace lunch trip  2:30 Hawaiian Dance performance- CB	10:00 Rise & Shine Exercise- AR  10:30 Table Talk w/Tameka- AR  2:00 Music Trivia Quiz- CB  2:30 Happy Hour- CB	9:00 Walmart shopping  10:15 Tell Your Story- CR  11:00 Pickup- Fun Facts on Sharks & Treat!- CB  1:30 Bingo! -CB  2:45 Documentary: "Sharks: Predators of the Deep"- CA (P)	10:30 Poetry & Story Reading w/Giselle- CB
20	*BUS SERVICE-Morning ONLY*  10:00 Seated Yoga Class- AR  1:30 Canasta- CB  1:30 Choir Practice- WC  2:00 Cookies in the bistro!- CB	10:00 Prayer & Encouragement Circle- AR  10:30 Art Class: Watercolor Flowers- AR  1:30 Group Wheel of Fortune game- CB  3:00 Happy Hour- CB	Bank Runs- Sign up in binder!  10:30 Gorgeous Grandma Fashion Show w/AL- 5TH flr.  1:30 Thrift Store shopping  2:30 Ice Cream Social- CB	10:00 Rise & Shine Exercise- AR  10:30 Brain Quiz w/Tameka- AR  1:30 Table Games- CB  2:30 Happy Hour- National Tequila Day!- CB	9:00 Ross shopping 10:15 Tell Your Story- CR 1:30 Bingo & Birthday Bash w/Rootbeer Floats & Jokes- CB 2:45 Friday Matinee: "Top Gun"- CA	26
27	10:00 Seated Yoga Class- AR  1:30 Canasta- CB  1:30 Choir Practice- WC  2:30 Blitz Bingo!- CB	Wear Cartoon shirts!  10:00 Fun Mobility     Team Games- CA  11:00 Morning Classic     Cartoons- CA  2:00 Team Trivia- CB  3:00 Happy Hour- CB	Bank Runs- Sign up in binder!  10:15 Art Class: Summer Painting- AR  11:00 "Dine w/Directors" Iunch trip to Pappasitos  2:30 Cooking Demo- CB  3:15 Movie: "Beach Blanket Bingo"- CA	<ul> <li>10:00 Rise &amp; Shine Exercise-AR</li> <li>10:30 Wild Card Fun w/Tameka-AR</li> <li>11:00 Morning Hymn Sing-a-long- CA</li> <li>2:00 Music Trivia Quiz- CB</li> <li>2:30 Happy Hour- CB</li> </ul>		Activity Room