|                                |  | St. Dominic  | : Village - Se   | enior Living   |  |  |
|--------------------------------|--|--|--|--|--|--|
| SUNDAY                         | MONDAY   | TUESDAY  | October 2024<br>WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
| Pumpk                          | an Spice   | 1<br>10:00 Table Talk w/Tameka-AR<br>2:00 Lifestyle Chat-CA  | 10:00 Roll & Bounce Chair<br>Exercise-AR<br>10:45 Arts & Crafts Hour- AR<br>11:00 Silver Palace lunch trip<br>1:30 Bank Runs                     | 3<br>10:00 Rise & Shine exercise-AR<br>10:30 Documentary: "Secret<br>Life of Pets"-CA  | 4<br>World Smile Day- wear<br>yellow!<br>9:00 Walmart<br>10:00 Stretch it Out- AR  | 5<br>12:30 Baylor Art & Music-<br>Musical Performance-CA<br>2:00 Movie TBA                 |
| <b>Everyli</b>                 | hing Nice  | <ul><li>2:30 Live Group Jeopardy!</li><li>6:00 Draw Your Story- CR</li></ul>                               | 1:30 Group Games w/students!<br>3:00 Happy Hour: "Flannel<br>Frenzy"-CA  | 1:00 Technology Help- CA<br>2:00 Choir-CH  | 10:30 Coffee Club & "Famous<br>Figures" -AR<br>1:30 Bingo!   | 2:00 Senior Smiles Volunteer<br>Group- Karaoke &<br>Games-CA                               |
| 6<br>9:30 Coffee & Donuts      | 9:00 Kroger trip<br>10:00 Roll & Bounce Chair<br>Exercise-AR<br>11:00 Motivational Monday<br>w/smoothies-CA              | 10:00 Prayer &<br>Encouragement Circle-AR<br>11:00 Pretty Nails hour-CA<br>2:00 Resident Council/Town      | 10:00 Roll & Bounce Chair<br>Exercise-AR910:45 Arts & Crafts Hour- AR11:00 Christine's Seafood trip1:30 Bank Runs                                | 10:00 Rise & Shine<br>exercise-AR<br>10:30 Dictionary Definition<br>Game-AR<br>1:00 Technology Help- CA<br>2:00 Choir-CH                             | <ul> <li>9:00 Computer Class with<br/>My Gait-L</li> <li>9:00 Ross shopping trip</li> <li>10:00 Pin &amp; Needles Sewing<br/>Group-AR</li> </ul> | 12<br>10:00 Book Talks-L   |
| 12:00 NFL- Texans vs. Bills    | 2:00 Canasta Card group- CA<br>2:30 Broadway Sing-a-long<br>w/pianist!-CA  | Hall Meeting-CA<br>2:30 Surprise Bingo!- CA<br>6:00 Draw Your Story- CR                                    | <ul> <li>1:30 Draw Me a Clue-CA</li> <li>3:00 Happy Hour: National<br/>Pizza &amp; Beer day!-CA</li> <li>6:00 Billiard Club Meetup-BR</li> </ul> | <ul> <li>2:30 Decorate a cake &amp; Eat it too!- CA</li> <li>3:00 Documentary: "National Parks- Yellowstone"-CA</li> </ul>                           | 11:30 Veteran's Lunch outing<br>1:30 Bingo- w/pumpkin<br>"tastings"-CA   | 2:00 Movie TBA   |
| 13<br>9:30 Coffee & Donuts     | 14<br>9:00 HEB shopping<br>10:00 Roll & Bounce Chair<br>Exercise-AR<br>2:00 Musical Monday Movie:<br>"The Phantom of the | 15<br>10:00 Table Talk w/ Tameka- AR<br>11:00 Pretty Nails hour-CA<br>2:00 Karaoke Time & Ice<br>Cream!-CA | 10:00 Roll & Bounce Chair<br>Exercise-AR1610:30 Smart Moves- Healthy<br>Learning Lectures- AR11:00 Snooze Eatery brunch trip<br>1:30 Bank Runs   | 10:00 Rise & Shine<br>exercise-AR<br>10:00 Charity Guild shopping<br>10:30 Group"Guess Who" Game<br>-AR<br>1:00 Technology Help- CA<br>2:00 Choir-CH | Wear Pink for Breast<br>Cancer Awareness!<br>9:00 Walmart<br>10:00 Stretch it Out- AR<br>10:30 Coffee Club & "Flashback<br>Friday" w/Cinnamon    | 19<br>2:00 Movie TBA   |
| 12:00 NFL- Texans vs. Patriots | Opera"-CA<br>2:00 Canasta Card group- CA   | 6:00 Draw Your Story- CR   | 1:30 Group Games w/students!<br>3:00 Happy Hour:<br>"Oktoberfest"  | 2:30 Exciting & Educational<br>Presentation by "Texas<br>Snakes & More"  | Rolls- CA<br>1:30 Bingo for Breast Cancer!<br>2:45 Finish the Lyrics-CA  |  |
| 20<br>9:30 Coffee & Donuts     | 9:00 Aldi shopping<br>10:00 Drumming Circle with<br>Xavier-AR<br>1:30 Home Goods shopping                                | 10:00 Prayer & 22<br>Encouragement Circle-AR<br>10:30 Performance by "Singing<br>Sustainers"- Patriotic    | 9:00 Thrift Store shopping<br>trip<br>10:00 Roll & Bounce Chair<br>Exercise-AR<br>10:45 Arts & Crafts Hour- AR                                   | 10:30 Patio Hangout<br>w/refreshments!   | 9:00 Computer Class with<br>My Gait-L<br>9:00 Target shopping trip   | 26<br>10:00 Book Talks- L  |
| 12:00 NFL- Texans vs. Packers  | trip<br>2:00 Canasta Card group- CA<br>2:00 Movie Showing: "The<br>Long Game"-CA   | music-CA<br>2:00 Men Only- "Brews &<br>Buds"- Games & Beer- CA<br>6:00 Draw Your Story- CR                 | 1:30Bank Runs1:30Whiteboard Games-CA3:00Happy Hour! -CA6:00Billiard Club Meetup-BR   | 1:00 Technology Help- CA<br>2:00 Choir-CH<br>2:00 Halloween Social w/food<br>& music!-CA   | 10:00 Pins & Needles Sewing<br>Group-AR<br>1:30 Bingo & Birthday Bash<br>(following Bingo)-CA  | 2:00 Movie TBA   |
| 27<br>9:30 Coffee & Donuts     | 28<br>9:00 HEB shopping<br>10:00 Roll & Bounce Chair<br>Exercise-AR  | 29<br>10:30 Morning Hymn<br>Sing-a-long-CA   | 10:00 Roll & Bounce Chair<br>Exercise-AR<br>10:30 Singo Bingo w/prizes! -CA<br>11:00 Prima Pasta lunch trip                                      | 10:00 Rise & Shine<br>exercise-AR<br>10:30 FREE Resident Market-CA<br>1:00 Technology Help- CA   |  | AR - Activity Room<br>CA- Commons Area<br>Purple - NEW!<br>Red - Outings                   |
| 12:00 NFL- Texans vs. Colts    | <ul><li>2:00 Musical Monday: "Little<br/>Shop of Horrors"-CA</li><li>2:00 Canasta Card group- CA</li></ul>               | <ul><li>2:30 Chef Cooking Demo &amp;<br/>Chat-CA</li><li>6:00 Draw Your Story- CR</li></ul>                | <ul> <li>1:30 Bank Runs</li> <li>1:30 Come learn- Beginner<br/>Poker!- CA</li> <li>3:00 Happy Hour: "Spooky<br/>Spirits"-CA</li> </ul>           | 2:00 Choir-CH<br>2:00 Creepy Movie Showing:<br>"The Birds"-CA<br>7:15 NFL- Texans vs. Jets   |  | Green - Director-led<br>Pink - Movie/Documentary<br>Blue - Services/Clubs for<br>residents |