St. Dominic Village - Senior Living

September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 Coffee & Donuts	2 9:00 Labor Day- no HEB today 10:00 No Roll- Bounce today	3 10:00 Free Brain & Hearing Educational Seminar 2:00 Lifestyle Chat 2:30 Group Games- Resident Choice!	4 10:00 Roll & Bounce Chair Exercise-AR 10:30 Art Class: Watercolor painting 11:00 Olive Garden lunch trip 1:30 Bank Runs 3:00 Happy Hour!	5 10:00 Rise & Shine exercise-AR 10:30 Uplifting Thoughts & Refreshment-AR 12:10 Astros vs. Reds 2:00 Choir-CH	6 9:00 Walmart 10:00 Coffee Club & "This Week in History" 10:30 Documentary Showing: "Egypt's Lost Queens" 1:30 Bingo 7:10 Astros vs. Diamondbacks	7 10:00 Book Talk 1:00 Baylor Art and Music- Musical Performance 2:00 Movie TBA
8 9:30 Coffee & Donuts 1:10 Astros vs. Diamondbacks	9 9:00 Kroger trip 10:00 Roll & Bounce Chair Exercise-AR 10:30 Singo Bingo! 1:30 Five Below shopping 2:00 Musical Monday Movie: "The Wizard of Oz"	10 10:00 Prayer & Encouragement Circle-AR 10:30 Patio Hangout w/Muffins & Mimosas 2:00 Resident Council/Town Hall Meeting 7:10 Astros vs. A's	11 9:00 Corner Bakery breakfast trip 10:00 Roll & Bounce Chair Exercise-AR 1:30 Bank Runs 2:00 Exciting Piano Performance by Diana 3:00 Happy Hour- "Wizard of Oz" Day	12 9:30 Vendor Market 10:00 Rise & Shine exercise-AR 2:00 Choir-CH 2:30 Documentary Showing: "Puff- Wonders of the Reef"	13 9:00 Computer Class with My Gait-L 10:00 Pin & Needles Sewing Group-AR 10:45 JC Penney shopping 1:30 Bingo w/"Floats & Jokes"	14 2:00 Movie TBA
15 9:30 Coffee & Donuts 5:10 Astros vs. Angels	16 9:00 HEB shopping 10:00 Drumming Circle with Xavier 2:00 Ice Cream Social & Trivia!	17 10:00 Puzzler Club w/refreshment- AR 10:30 Tuesday Table Topics 2:00 Karaoke Time!	18 10:30 Smart Moves- Healthy Learning Lectures- AR1 11:00 Pappasitos lunch trip 1:30 Bank Runs 3:00 Happy Hour! 5:40 Astros vs. Padres	19 10:00 Rise & Shine exercise-AR 10:30 Craft Class: Make a Fall Door Sign 2:00 Choir-CH 2:30 Comedy Movie: "First Wives Club	20 9:00 Walmart 10:00 Coffee Club & "Famous Figures" 12:00 Veteran's Lunch outing 1:30 Bingo 7:10 Astros vs. Angels	21 10:00 Book Talk 2:00 Movie TBA
22 9:30 Coffee & Donuts	23 9:00 Kroger trip 10:00 Roll & Bounce Chair Exercise-AR 1:30 Big Lots shopping trip 2:00 Classic Movie: "The Little Princess" (Shirley Temple)	24 10:00 Prayer & Encouragement Circle-AR 10:30 Resident FREE Market 2:30 Chef Cooking Demo & Chat	25 9:30 Outing to Senior Expo 10:00 Roll & Bounce Chair Exercise-AR 1:10 Astros vs. Mariners 1:30 Bank Runs 3:00 Happy Hour- "Pizza Party!"	26 10:00 Rise & Shine exercise-AR 2:00 Choir-CH 2:30 "Rock n' Roll Rave" live music & party!	27 9:00 Computer Class with My Gait-L 9:00 Target shopping 10:00 Pins & Needles Sewing Group-AR 10:30 Share & Show- "Ancestor Appreciation Day" 1:30 Bingo & Birthday Bash (following Bingo)	28 2:00 Movie TBA
29 9:30 Coffee & Donuts 10:00 Sunday Brunch- DR (Light Breakfast in Bistros and NO 11:00am Lunch	30 9:00 HEB shopping 10:00 Roll & Bounce Chair Exercise-AR 10:30 NEW Garden Club (first) Meeting 2:00 Table Game Tournament					

KEY

Activity Room.....AR
Library.....L
Purple- NEW!
Red- Outings
Green- Director-led
Pink- Movie/Documentary showings
Blue- Services/Clubs for residents

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ACTIVITIES ARE SUBJECT TO CHANGE